

CONTENT OUTLINE

Dementia Capable Care, 2nd Edition Training



Program Summary and Philosophy

CPI *Dementia Capable Care*, 2nd Edition training provides care partners with a common framework about Alzheimer's disease and other dementias, a best-abilities perspective, dementia stages, behavior management, and care techniques to promote the best ability to function. This program combines the Allen Cognitive Levels, person-centered care, and the CPI *Crisis Development Model*SM to empower care partners to prevent and de-escalate distress behaviors.

Program Objectives:

- Demonstrate an understanding of person-centered care.
- Understand the common causes of dementia symptoms.
- Understand functional cognitive levels and staff's role in observation.
- Demonstrate an understanding of the stages of dementia.
- Identify key care approaches for each dementia stage to promote the highest level of function and best quality of life.
- Understand strategies to enhance communication, prevent distress behaviors, and minimize behavioral and psychological symptoms of dementia.
- Apply strategies to support families.
- Review the frameworks of person-centered care and the Allen Cognitive Disabilities Model, which identifies six cognitive levels and describes a person's functional abilities at each level.
- Explore the concept of Precipitating Factors and the internal and external factors that can contribute to distress behavior.
- Examine communication strategies for de-escalating distress behaviors.
- Learn how the *Supportive Stance*SM can be used to nonverbally communicate respect for the individual with dementia and maintain safety for you.
- Explore the CPI *Crisis Development Model*SM, which includes four levels of an escalating crisis and recommended approaches at each level to prevent or de-escalate a crisis moment.
- Describe and demonstrate the Observe, Stop, Evaluate, and Respond Method used to minimize distress behaviors.
- Learn a debriefing process to document what happened and identify causes of behaviors that can be added to care plans with the goal of reducing or eliminating feelings of distress for people with dementia.

Individuals who complete the full 6.5-7 hr. Dementia Capable Care 2nd edition program with a certified instructor can earn the Dementia Capable Care Specialist Credential.