



Group Additional Life and AD&D Insurance

Help protect your loved ones from financial hardship.

Life insurance coverage is designed to help provide financial support and stability to your family should you pass away. Accidental Death & Dismemberment (AD&D) insurance provides an extra layer of protection if you die or become dismembered in an accident. You can also cover your eligible spouse and child(ren).



This plan offers:

- Competitive group rates
- The convenience of payroll deduction
- Benefits if you are dismembered, become terminally ill or die

Ⓢ About This Coverage

If you take no action you'll be covered under Basic Life insurance provided you meet the eligibility requirements. Consider whether that would be enough to help your family meet daily expenses, maintain their standard of living, pay off debt and fund your children's education. If not, you may want to apply for additional coverage now.

Life Insurance							
How Much Can I Apply For? The coverage amount for your spouse cannot exceed 100 percent of your Additional Life coverage. The coverage amount for your child(ren) cannot exceed 100 percent of your Additional Life coverage.	<table><tr><td>For You:</td><td>\$10,000 – \$300,000 in increments of \$10,000</td></tr><tr><td>For Your Spouse:</td><td>\$5,000 – \$30,000 in increments of \$5,000</td></tr><tr><td>For Your Child(ren):</td><td>\$5,000 or \$10,000</td></tr></table>	For You:	\$10,000 – \$300,000 in increments of \$10,000	For Your Spouse:	\$5,000 – \$30,000 in increments of \$5,000	For Your Child(ren):	\$5,000 or \$10,000
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For Your Child(ren):	\$5,000 or \$10,000						

AD&D Insurance

The benefit is paid if you or your spouse are seriously injured or pass away as a result of a covered accident.

What Does My AD&D Benefit Provide?

Note: You can't buy more coverage for your spouse than you buy for yourself.

For You:

The AD&D insurance coverage amount matches what you elect for Additional Life insurance.

For Your Spouse:

The AD&D insurance coverage amount matches what you elect for Dependent Life insurance.

Keep in mind that the amount payable for certain losses is less than 100 percent of the AD&D insurance benefit.

See the Important Details section for more information, including requirements, exclusions, limitations, age reductions and definitions.

☰ Additional Feature

Life Insurance

Accelerated Death Benefit

If you become terminally ill, you may be eligible to receive up to 80 percent of your combined Basic and Additional Life benefit to a maximum of \$500,000.

How Much Life Insurance Do You Need?

After a serious accident or death in the family, there are many unexpected expenses. Your benefits could help your family pay for:

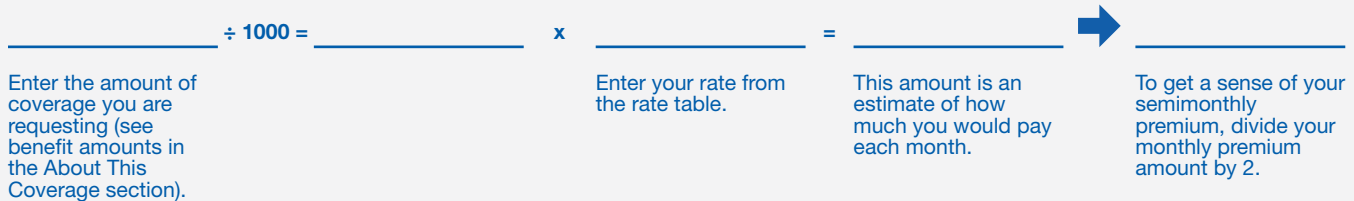
- Outstanding debt
- Burial expenses
- Medical bills
- Your children's education
- Daily expenses

To estimate your insurance needs, you'll need to consider your unique circumstances. Use our online calculator at www.standard.com/life/needs.

How Much Your Coverage Costs

Your Basic Life insurance is paid for by Memorial Hospital of Laramie County dba Cheyenne Regional Medical Center. If you choose to purchase Additional Life coverage, you'll have access to competitive group rates, which may be more affordable than those available through individual insurance. You'll also have the convenience of having your premium deducted directly from your paycheck. How much your premium costs depends on a number of factors, such as your age and the benefit amount.

Use this formula to calculate your premium payment:



If you buy coverage for your spouse, your monthly rate is shown in the table below. Use the same formula to calculate the premium that you used for yourself, but use your age and your spouse's rate.

If you buy Dependent Life coverage for your child(ren), your monthly rate is \$0.20 per \$1,000, no matter how many children you're covering.

Age (as of January 1)	Your Rate* (Per \$1,000 of Total Coverage)	Your Spouse's Rate** (Per \$1,000 of Total Coverage)
<25	\$0.07	\$0.085
25-34	\$0.08	\$0.095
35-39	\$0.09	\$0.105
40-44	\$0.12	\$0.135
45-49	\$0.17	\$0.185
50-54	\$0.25	\$0.265
55-59	\$0.41	\$0.425
60-64	\$0.62	\$0.635
65-69	\$1.03	\$1.045
70+	\$1.94	\$1.955

*Includes a monthly AD&D rate of \$0.02 per \$1,000 of AD&D benefit.

**Includes a monthly AD&D rate of \$0.035 per \$1,000 of AD&D benefit for your spouse.

Employee Life with AD&D Semimonthly Premiums											
Coverage Amount	Employee's Age as of January 1										
	<25	25-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69*	70-74*	75+*
\$10,000	0.35	0.40	0.45	0.60	0.85	1.25	2.05	3.10	3.35	3.88	2.43
\$20,000	0.70	0.80	0.90	1.20	1.70	2.50	4.10	6.20	6.70	7.76	4.85
\$30,000	1.05	1.20	1.35	1.80	2.55	3.75	6.15	9.30	10.04	11.64	7.28
\$40,000	1.40	1.60	1.80	2.40	3.40	5.00	8.20	12.40	13.39	15.52	9.70
\$50,000	1.75	2.00	2.25	3.00	4.25	6.25	10.25	15.50	16.74	19.40	12.13
\$60,000	2.10	2.40	2.70	3.60	5.10	7.50	12.30	18.60	20.09	23.28	14.55
\$70,000	2.45	2.80	3.15	4.20	5.95	8.75	14.35	21.70	23.43	27.16	16.98
\$80,000	2.80	3.20	3.60	4.80	6.80	10.00	16.40	24.80	26.78	31.04	19.40
\$90,000	3.15	3.60	4.05	5.40	7.65	11.25	18.45	27.90	30.13	34.92	21.83
\$100,000	3.50	4.00	4.50	6.00	8.50	12.50	20.50	31.00	33.48	38.80	24.25
\$110,000	3.85	4.40	4.95	6.60	9.35	13.75	22.55	34.10	36.82	42.68	26.68
\$120,000	4.20	4.80	5.40	7.20	10.20	15.00	24.60	37.20	40.17	46.56	29.10
\$130,000	4.55	5.20	5.85	7.80	11.05	16.25	26.65	40.30	43.52	50.44	31.53
\$140,000	4.90	5.60	6.30	8.40	11.90	17.50	28.70	43.40	46.87	54.32	33.95
\$150,000	5.25	6.00	6.75	9.00	12.75	18.75	30.75	46.50	50.21	58.20	36.38
\$160,000	5.60	6.40	7.20	9.60	13.60	20.00	32.80	49.60	53.56	62.08	38.80
\$170,000	5.95	6.80	7.65	10.20	14.45	21.25	34.85	52.70	56.91	65.96	41.23
\$180,000	6.30	7.20	8.10	10.80	15.30	22.50	36.90	55.80	60.26	69.84	43.65
\$190,000	6.65	7.60	8.55	11.40	16.15	23.75	38.95	58.90	63.60	73.72	46.08
\$200,000	7.00	8.00	9.00	12.00	17.00	25.00	41.00	62.00	66.95	77.60	48.50
\$210,000	7.35	8.40	9.45	12.60	17.85	26.25	43.05	65.10	70.30	81.48	50.93
\$220,000	7.70	8.80	9.90	13.20	18.70	27.50	45.10	68.20	73.65	85.36	53.35
\$230,000	8.05	9.20	10.35	13.80	19.55	28.75	47.15	71.30	76.99	89.24	55.78
\$240,000	8.40	9.60	10.80	14.40	20.40	30.00	49.20	74.40	80.34	93.12	58.20
\$250,000	8.75	10.00	11.25	15.00	21.25	31.25	51.25	77.50	83.69	97.00	60.63
\$260,000	9.10	10.40	11.70	15.60	22.10	32.50	53.30	80.60	87.04	100.88	63.05
\$270,000	9.45	10.80	12.15	16.20	22.95	33.75	55.35	83.70	90.38	104.76	65.48
\$280,000	9.80	11.20	12.60	16.80	23.80	35.00	57.40	86.80	93.73	108.64	67.90
\$290,000	10.15	11.60	13.05	17.40	24.65	36.25	59.45	89.90	97.08	112.52	70.33
\$300,000	10.50	12.00	13.50	18.00	25.50	37.50	61.50	93.00	100.43	116.40	72.75

* Coverage amounts for ages 65 and over reduce due to age reduction (see Life Insurance Age Reductions section).

Spouse Life with AD&D Semimonthly Premiums											
Coverage Amount	Employee's Age as of January 1										
	<25	25-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69*	70-74*	75+*
\$5,000	0.21	0.24	0.26	0.34	0.46	0.66	1.06	1.59	1.70	1.96	1.22
\$10,000	0.43	0.48	0.53	0.68	0.93	1.33	2.13	3.18	3.40	3.91	2.44
\$15,000	0.64	0.71	0.79	1.01	1.39	1.99	3.19	4.76	5.09	5.87	3.67
\$20,000	0.85	0.95	1.05	1.35	1.85	2.65	4.25	6.35	6.79	7.82	4.89
\$25,000	1.06	1.19	1.31	1.69	2.31	3.31	5.31	7.94	8.49	9.78	6.11
\$30,000	1.28	1.43	1.58	2.03	2.78	3.98	6.38	9.53	10.19	11.73	7.33

* Coverage amounts for ages 65 and over reduce due to age reduction (see Life Insurance Age Reductions section).

Child Life with AD&D Semimonthly Premiums	
Coverage Amount	Premium
\$5,000	0.50
\$10,000	1.00

Important Details

Here's where you'll find the details about the plan.

Life and AD&D Insurance Eligibility Requirements

A minimum number of eligible employees must apply and qualify for the proposed plan before coverage can become effective. If this requirement is not met, this plan will not become effective. To be eligible for coverage, you must be:

- Insured for Basic Life insurance through The Standard
- A regular employee of Memorial Hospital of Laramie County dba Cheyenne Regional Medical Center
- Actively working at least 32 hours per week

Temporary and seasonal employees, full-time members of the armed forces, leased employees and independent contractors are not eligible.

If you buy Additional Life and AD&D insurance for yourself, you may also buy Life and AD&D coverage for your eligible children and/or spouse. This is called Dependent Life and AD&D insurance.

You can choose to cover your spouse, meaning a person to whom you are legally married, or your domestic partner as recognized by law.

You may also choose to cover your child. Child means your child from live birth through age 25. Please note:

- Your child cannot be insured by more than one employee.
- Your spouse and/or child(ren) must not be full-time member(s) of the armed forces.
- You cannot be insured as both an individual and a dependent.

Medical Underwriting Approval for Life Coverage

Required for:

- All late applications (applying 31 days after becoming eligible)
- Requests for coverage increases
- Reinstatements, if required
- Eligible but not insured under the prior life insurance plan

Medical Underwriting approval is not required for children.

Visit <https://myeoi.standard.com/171750> to complete and submit a medical history statement online.

Coverage Effective Date for Life Coverage

To become insured, you must:

- Meet the eligibility requirements listed in the previous

sections,

- Serve an eligibility waiting period*,
- Receive medical underwriting approval (if applicable),
- Apply for coverage and agree to pay premium, and
- Be actively at work (able to perform all normal duties of your job) on the day before the insurance is scheduled to be effective.

If you are not actively at work on the day before the scheduled effective date of insurance, your insurance, including any Dependent Life insurance, will not become effective until the day after you complete one full day of active work as an eligible employee.

If your dependent is confined to a hospital or nursing home on the scheduled effective date of your dependent's insurance, your dependent's insurance will not become effective until the day the dependent is released.

Contact your human resources representative or plan administrator for further information about the applicable coverage effective date for your insurance, including any Dependent Life insurance.

*Defined as first of the month that follows the date you become a member

Life and AD&D Age Reductions

Under this plan, your coverage amount reduces to 65 percent at age 65, to 40 percent at age 70 and to 25 percent at age 75. Your spouse's coverage amount reduces by your age as follows: to 65 percent at age 65, to 40 percent at age 70 and to 25 percent at age 75. If you are age 65 or over, ask your Human Resources representative or plan administrator for the amount of coverage available.

Life Insurance Waiver of Premium

Your Life premiums may be waived if you:

- Become totally disabled while insured under this plan,
- Are under age 60, and
- Complete a waiting period of 180 days.

If these conditions are met, your Life insurance coverage may continue without cost until Social Security Normal Retirement Age (SSNRA), provided you give us satisfactory proof that you remain totally disabled. Please contact your benefits administrator for more details.

Life and AD&D Insurance Portability

If your insurance ends because your employment

terminates, you may be eligible to buy portable group insurance coverage from The Standard.

Life Insurance Conversion

If your insurance reduces or ends, you may be eligible to convert your existing Life insurance to an individual life insurance policy without submitting proof of good health.

Life Insurance Exclusions

Subject to state variations, you and your dependents are not covered for death resulting from suicide or other intentionally self-inflicted injury, while sane or insane. The amount payable will exclude amounts that have not been continuously in effect for at least two years on the date of death.

AD&D Benefits

The amount of the AD&D benefit is equal to the amount payable for your or your spouse's Life benefit on the date of the accident. For all other covered losses, the amount is shown as a percentage of the amount payable for the benefit on the date of the accident. No more than 100 percent of the AD&D benefit will be paid for all losses resulting from one accident.

Any loss must be caused solely and directly by an accident within 365 days of the accident. Satisfactory proof of loss is required for loss of life.

All other losses must be certified by a physician in the appropriate specialty determined by The Standard.

Covered loss:	Percentage of AD&D benefit payable:
Life ¹	100%
One hand or one foot ²	50%
Sight in one eye, speech or hearing in both ears	50%
Two or more of the losses listed above	100%
Thumb and index finger of the same hand ³	25%
Quadriplegia	100%
Triplesia	75%
Paraplegia	75%
Hemiplegia	50%
Uniplegia	25%

¹ Includes loss of life caused by accidental exposure to adverse weather conditions or disappearance if disappearance is caused by an accident that reasonably could have resulted in your death.

² Even if the severed part is surgically re-attached. If you lose a hand or foot and an AD&D benefit is payable for quadriplegia, triplesia, paraplegia, hemiplegia, or uniplegia, involving that same hand or foot, the benefit will be the higher of the AD&D benefit for that loss.

³ This benefit is not payable if an AD&D benefit is payable for the loss of the entire hand.

AD&D Insurance Exclusions

You are not covered for death or dismemberment caused or contributed to by any of the following:

- Committing or attempting to commit an assault or felony, or actively participating in a violent disorder or riot
- Suicide or other intentionally self-inflicted injury, while sane or insane
- War or any act of war (declared or undeclared), and any substantial armed conflict between organized forces of a military nature
- Voluntary consumption of any poison, fumes or drug, unless used or consumed according to the directions of a physician
- Alcohol – if your blood alcohol content is in excess of the legal limit for operating a motor vehicle as defined by the jurisdiction where the accident or loss occurred
- Sickness, pregnancy, heart attack or stroke existing at the time of the accident
- Medical or surgical treatment for any of the above

When Your Insurance Ends

Your insurance ends automatically when any of the following occur:

- The date the last period ends for which a premium was paid
- The date your employment terminates
- The date you cease to meet the eligibility requirements (insurance may continue for limited periods under certain circumstances)
- The date the group policy, or your employer's coverage under the group policy, terminates
- For each elective insurance coverage, the date that coverage terminates under the group policy
- The date your Life coverage ends, your AD&D coverage will end as well

In addition to the above requirements, your Dependent Life and AD&D coverage ends automatically on the date your dependent ceases to meet the eligibility requirements for a dependent.

For more details on when your insurance ends, contact your human resources representative or plan administrator.

Group Insurance Certificate

If coverage becomes effective and you become insured, you may receive a group insurance certificate containing a detailed description of the insurance coverage, including the definitions, exclusions, limitations, reductions and

terminating events. The controlling provisions will be in the group policy. The information present in this summary does not modify the group policy, certificate or the insurance coverage in any way.

About Standard Insurance Company

For more than 100 years, we have been dedicated to our core purpose: to help people achieve financial well-being and peace of mind. Headquartered in Portland, Oregon, The Standard is a nationally recognized provider of group employee benefits. To learn more about products from The Standard, visit us at **www.standard.com**.

The Standard is a marketing name for StanCorp Financial Group, Inc. and subsidiaries. Insurance products are offered by Standard Insurance Company of Portland, Oregon, in all states except New York. Product features and availability vary by state and are solely the responsibility of Standard Insurance Company.

GP1219-LIFE, GP1219-LIFE-ASSOC, GP1219-LIFE-TRUST

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