



Cheyenne Regional
Foundation

2017 *advancement*


Advancing Premier Regional Community Healthcare

SPRING 2017



CHEYENNE REGIONAL
CELEBRATES

150
years



“Cheyenne
Regional is set
to continue its
excellent health care
for another
150 years.”



Looking back
1892 1915 1942
pg. **11** CHANGES COMING TO
HOSPITAL FUNDRAISING



pg. **13** VENTILLATOR HELPS
INFANTS AND THEIR
FAMILIES

BOTTOM LINE

\$1.2 million

TOTAL INCOME
(DONORS & GRANTS)

\$15.9 million

STEWARDED IN
DONOR FUNDS

\$1.28 million

TOTAL PROGRAM SERVICES
(PROVIDED TO CRMC)

OTHER DATA POINTS

570+
new donors

>900
gifts

MADE BY CRMC
EMPLOYEES & VOLUNTEERS

SPECIFIC IMPACTS

\$450
thousand

TRANSFERRED TO CRMC THROUGH CANCER
CENTER CAPITAL CAMPAIGN PLEDGES

\$408
thousand

MANAGED IN GRANTS FOR INJURY
PREVENTION (SAFE KIDS/SAFE COMMUNITIES)

\$333
thousand

APPROVED IN 66 GRANTS TO
CRMC DEPARTMENTS

\$107.6
thousand

RAISED BY 904 DONATIONS FOR DAVIS
HOSPICE CENTER & HOSPICE SERVICES

\$190
thousand

COMMITTED FROM DENIM 'N DIAMONDS DONATIONS
TO PURCHASE HIGH-FIDELITY SIMULATORS

\$105.6
thousand

RAISED BY 448 DONATIONS FOR
CANCER CENTER & CANCER SERVICES



{2016}

donor impact

BY THE
NUMBERS

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Cheyenne Regional Foundation

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@CRMCFoundation

The Cheyenne Regional Foundation is a nonprofit 501(3)(c) organization committed to enhancing the health of individuals and the overall quality of life for our community. The Foundation informs, develops and stewards resources to enable the Cheyenne Regional Health System to provide the best possible health care.



Dr. Harmon H. “Bud” Davis

CHEYENNE REGIONAL FOUNDATION CHAIR



Reflecting on just what I felt when my fellow board members voted me in as the new Chair of the Cheyenne Regional Foundation, many things came to mind. The first and most fundamental was that this role gives me a new opportunity to serve an amazing institution. As a physician, I’ve had the honor to serve in many leadership positions over the years, including Chief of the Medical Staff and as a member of the Board of Trustees. It is humbling to work with such a dedicated group of board and staff members and I look forward to each and every challenge and opportunity!

I’d like to extend a heartfelt thank you, on behalf of the entire team, to Carmalee Rose for her leadership and dedication as the Board Chair these last two years. Because of her steady leadership, the Foundation is thriving and we can’t thank her enough. I also want to thank

Marcia Graham, Caren Murray, Marian Orr, Mona Pearl and Natalie Winegar for their commitment as board members. We appreciate each of their tireless dedication, insightful thoughts, and selfless service over the years.

I also would like to congratulate Jacqueline Ferrall on her selection to Emeritus status on the Foundation board. Jacqui’s service to our community and our community hospital cannot be adequately captured in the space I have, but suffice it to say that we are extremely excited to continue to have her sage guidance and historical insights!

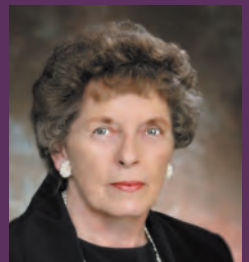
We also have a number of new board members who have agreed to include the Cheyenne Regional Foundation in their volunteer efforts for the coming years. Thank you to P.J. Barrett, Tighe Fagan, Bill Harris, John Metzke, Gary New, Larry Wolfe and Pam Winter for joining our team!

Finally, I’d like to share a few thoughts on a recent board decision to take a year off from our traditional “Denim ‘n Diamonds” gala. We’ve had long discussions and felt that this year presented an opportunity to reevaluate the community landscape and the event itself. We want to explore new fundraising techniques and see how we can improve our development strategy across the entire year. In its early days, DND was “the

event” and now after 27 years that uniqueness has worn off.

It’s important to know that Cheyenne remains a wonderful place and our donors have continued to be extremely supportive and generous. We just believe it is time to explore other options and then come back as a board and look at what we’ve learned. We didn’t vote to eliminate the event--just to take this year and see what new possibilities might exist!

Finally, I’d like to thank each and every one of you for your continued support of Cheyenne Regional and the idea that, through support and advocacy, we can enhance the health of individuals and the overall quality of life for our community.



JACQUELINE FERRALL

Patrick Madigan

CHEYENNE REGIONAL INTERIM CHIEF EXECUTIVE OFFICER



Healthcare today continues its rapid transformation, though now with increasing uncertainty. Insurance companies and consumer preferences for well-coordinated, well-communicated and well-managed care – at a lower cost – is shifting care from hospitals to outpatient settings. This shift to high value care is creating new opportunities for managing our acute care hospital and we are rising to that challenge. Our amazing “medical neighborhood” of outpatient providers and community services has also really stepped up to accept the new era of care delivery. Through it all, one thing remains the same: Cheyenne Regional’s health system has an unwavering commitment to caring for its patients.

Cheyenne Regional is pleased that we remain a not-for-profit organization and we are proud that we have a health care system that has met the needs of the community in Laramie county and beyond for 150 years. We are looking forward to the future!

As the Interim CEO of CRMC, I am extremely proud of the physicians and other providers, nurses and staff and the service they provide to our community. Each and every one of us strive to be regarded for our excellent patient experience and exceptional care outcomes.

We deliver our care in heartfelt, attractive and nurturing environment with access to local expertise as well as world-renowned physicians and programs. With our exceptional staff, advanced technology and range of support services, we provide the community with excellent health care in a warm, professional environment. Some of our outstanding programs include:

- **Neurosurgery**
- **Emergency Care**
- **Inpatient Acute Care Unit**
- **Primary Care**
- **Endoscopy Services**
- **Medical Imaging**
- **Lymphedema Specialists**
- **Orthopedics**
- **Home Health, Palliative Care and Hospice**

While serving in this very fast paced position that comes with both challenges and the highest rewards, I am fortunate to be working with great people. The staff that make up our team is outstanding. I am grateful for each of them.

CRMC is proud to be a foundation in the community it serves. It is our mission to ensure that every citizen in our area has access to quality health care, and the resources needed to achieve the finest health care.

Notwithstanding of the changes in our developing health care market, CRMC will always remain loyal to our mission as an overseer of our communities’ health.

NEW EMERITUS BOARD MEMBER

The Foundation is thrilled to welcome Jacqueline Ferrall as an Emeritus Board Member. Her dedicated service to CRMC, the Board, and the community has been exceptional.



OUTGOING BOARD MEMBERS

Thank you for your years of dedicated service!



MARCIA GRAHAM



MARIAN ORR



MONA PEARL



NATALIE WINEGAR



CAREN MURRAY



Scott Fox

CHEYENNE REGIONAL FOUNDATION
EXECUTIVE DIRECTOR

three other residents of Laramie County. Today, 40 years later, our Foundation still follows that model and Board members include two hospital Trustees and the CEO, two medical representatives, and a dynamic group of dedicated volunteer board members from across Laramie County.

Since that first fundraising campaign in 1882, our Foundation and our community hospital have been blessed with a strong, vibrant donor base that supports all facets of care being provided by Cheyenne Regional.

Thank you to everyone who supported Cheyenne Regional and the amazing care provided to our community. Whether your support took the form of a single monetary donation or a recurring gift, all are greatly appreciated and have a significant impact. Equally important are those who support through a gift of their precious time. Whether you volunteered to support a hospital event, a Foundation event, or are a member of the amazing Volunteer organization—thank you!

Happy Birthday, Cheyenne Regional Medical Center! It's been 150 years since our "Magic City of the Plains" was founded here along the banks of Crow Creek! When the Union Pacific Railroad arrived, they pitched a number of tents, including a hospital tent for their workers. Over the next few years, "community healthcare" developed and thrived in this new frontier city. In 1882, a fundraising campaign was started for a new hospital. The land that would eventually become the corner of 23rd Street and Evans Avenue was donated by the Union Pacific Railroad and through the generosity of the Cheyenne community, the first patients were admitted on December 7th, 1883.

Cheyenne has a long history of generous community support for our healthcare programs and in 1977 a new organization was organized to harness that generosity: the Laramie County Memorial Hospital Foundation! The initial Board of Directors showed the need for integrated work between the hospital and the community, requiring two members of the hospital Board of Trustees, the hospital Administrator and President of the Medical Staff, and

DAUGHTER'S BIRTH INSPIRED PAST CHAIR TO VOLUNTEER

While many families support Cheyenne Regional, the Rose family has taken its service to the hospital to the next level. That support starts with Carmalee Rose who sits on the Cheyenne Regional Foundation Board of Directors. Daughter, Carli Rose, is an OB Tech on the Mother-Baby Unit. Carmalee's daughter-in-law, Jennifer Kamarad is a registered nurse on the hospital's pediatric floor, while Carmalee's son, Caleb is an engineer for the Cheyenne Fire Department after spending a part of his career working in Cheyenne Regional's Emergency Department. Her husband, Mauri, also worked for the Fire Department as an Engineer.

"Between the men being first responders and the women working at the hospital I think it shows we all care about our hospital and keeping it here," says Carmalee.

Rose is ending her two-year term as chair of the Cheyenne Regional Foundation Board of Directors. It was a period that saw the Foundation gain a new executive director, Scott Fox, and a combined effort to harmonize the work of the Foundation and hospital.

"Our strategic plan and mission now agree with each other," Rose says. "I really think it focuses on community education and engagement."

The relationship between the Rose family and the hospital began nearly 30 years ago with the birth of Carmalee's daughter—

"an amazing experience." Ever since that day, Rose said it was important to find a way to give back to the hospital. One way they found to "give back" was to have their family featured in an advertisement for the OB unit! Seven years ago, a vacancy on the Foundation board presented a new opportunity."

"I wanted to be a part of the hospital in some way because I came from a small farming community in Nebraska that lost its hospital because everyone went somewhere else," Rose says. "I wanted to do something in return to make sure we have the best equipment and excellent doctors."

Rose served a two-year term as director, which is not the norm at the Cheyenne Regional Foundation. However, it was

DID YOU KNOW?

Tax-Free IRA Gifts


If you are 70 ½ years of age or older, you may make direct charitable contributions from your Individual Retirement Account. These tax-free gifts count toward your required minimum distribution and lower your taxable income!

thought that by spending a second year as the Board Chair the transition to a new executive director would be smoother. It was a plan that Fox believes paid off.

"Often times we can forget board members are volunteers," says Fox. "If I ever needed something she always made time. I was always impressed and immensely grateful for her helping me to get established in the organization."


Longtime Cheyenne physician Harmon (Bud) Davis, II, MD has taken over as the new chair of the Foundation Board as of Jan. 1, 2017. ✱

Every Day Is A Happy Birthday At Memorial Hospital.






The birth of a child is one of the most special of all human experiences. That's why at Memorial Hospital, we have done all we can to make your delivery worth the wait.

- Our brand new obstetrical unit, which will open in June, offers high-quality care where everything is state-of-the-art and newborns are treated to some of the area's most sophisticated equipment (along with lots of tender loving care).
- At Memorial, your baby is delivered with your choice of birthing options — options like traditional delivery or the home-like atmosphere of a birthing room where you labor, deliver and recover without ever leaving your bed. The latest in monitoring equipment keeps you assured about both your health and your baby's.

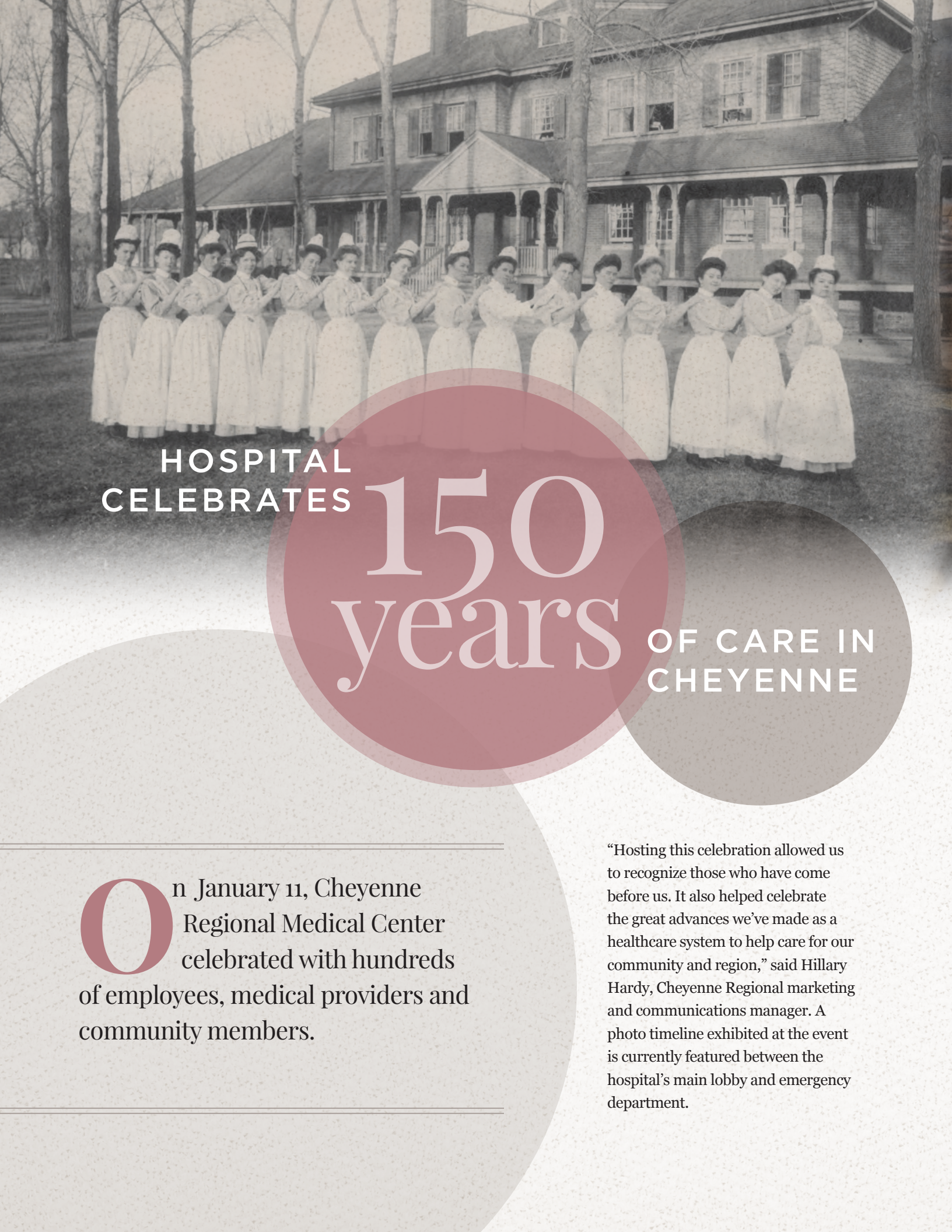


- Of course dads can be present during delivery and we also allow baby to room-in as much as you like after birth. Naturally, you'll want to discuss your choices with your physician prior to admission.
- We think you'll appreciate the one-to-one care you'll receive from our specially-trained nurses. Your nurse will give you and your baby the personal service you deserve because she understands the true miracle of birth.
- You'll see. The people of Memorial Hospital pay special attention to babies, as well as moms, dads, brothers, sisters and grandparents too. We believe in giving families the choices that will make your baby's birth a happy and memorable event.



**Memorial Hospital
of Laramie County**
People Caring For People



HOSPITAL
CELEBRATES

150
years

OF CARE IN
CHEYENNE

On January 11, Cheyenne Regional Medical Center celebrated with hundreds of employees, medical providers and community members.

“Hosting this celebration allowed us to recognize those who have come before us. It also helped celebrate the great advances we’ve made as a healthcare system to help care for our community and region,” said Hillary Hardy, Cheyenne Regional marketing and communications manager. A photo timeline exhibited at the event is currently featured between the hospital’s main lobby and emergency department.



“Hosting this celebration allowed us to recognize those who have come before us.”

Planned anniversary-related activities include an outreach to the community focused on 150 days of giving, to be coordinated by the hospital’s Foundation. Hospital employees will also participate in several run/walk events to benefit other organizations, such as the American Cancer Society’s Relay for Life and the local Alzheimer’s Walk.

FROM TENT HOSPITAL TO STATE-OF-THE-ART FACILITY

The railroad played a pivotal part in the establishment of Cheyenne and the care of its people. In 1867 the Union Pacific Railroad set up a tent near what is now the corner of 15th Street and Capitol Avenue to treat workers who were injured during the building of the transcontinental railroad. The following year the City

of Cheyenne bought the frontier tent hospital. In 1870, the hospital, jointly managed by the city and county, relocated to the Dodge House. In 1883, a new building was constructed on land donated by the Union Pacific Railroad, an area to eventually become 23rd Street and Evans Avenue.

By 1900, the hospital was renamed St. John’s Hospital. The railroad continued to participate in Cheyenne’s healthcare the following century, funding the construction of an addition in 1911 for the care of Union Pacific employees and their dependents. In 1922 a new county hospital was completed and christened Frances Warren Pershing Memorial Hospital. The building was remodeled in 1949 with a new addition and modernization of the

operating room, newborn nursery, and business office.

In 1952 the Sisters of Charity of Leavenworth opened DePaul Hospital, adding to healthcare in Cheyenne.

More renovations took place at Memorial Hospital during the 1960s, including the construction of an East Tower in 1960 and a seven-story West Tower eight years later. In 1961, the Memorial Hospital Auxiliary was established.

In 1985 a Radiation Therapy Complex was completed. The following year another remodel took place with the fourth floor of the East Tower developed as an inpatient psychiatric treatment unit for adolescents and adults.



READ MORE
ABOUT OUR
FUTURE:

2017 Fundraising • pg11

Women's Imaging Partnership • pg14

Robot-assisted Surgery • pg15

Milestones in Care

During the early 1990s, Memorial Hospital of Laramie County purchased DePaul Hospital for \$12.65 million, creating United Medical Center and forming two campuses: UMC-West and UMC-East. Later that decade, the hospital began providing emergency services for F.E. Warren Air Force Base, opened Home Away From Home at UMC-East with help from the UMC Auxiliary, and opened The Women's Imaging Center as well as a multilevel parking facility at UMC-West.

The next decade brought more changes, including a new patient tower. The hospital was renamed Cheyenne Regional Medical Center in 2006. The Davis Hospice Center opened that year as well.

More advancements in patient care have taken place since, including a new cardiac electrophysiology lab for the treatment of heart conditions, a new Emergency Department, the Wyoming PACE (Program of All-Inclusive Care for the Elderly), and a state-of-the-art Cancer Center. In 2012, Cheyenne Regional received the National Hospital Charitable Award, one of 10 health-care systems in the nation to obtain this recognition. The past two years saw additional milestones in community health care, including the offering of MAKO, a surgeon-controlled robotic surgical system for orthopedic procedures (the only one in Wyoming); the formation of a care alliance with Children's Hospital Colorado; and a joint venture to operate the Cheyenne Women's Imaging Pavilion.

1867

UP Railroad tent hospital set up at what is today 15th St. and Capitol Ave.



1870

Hospital is relocated to Dodge House.

1883

New building is built on donated land at what is today 23rd St. and Evans Ave.



Sarah Jane McKenzie, a nurse, is hired as the first Superintendent of St. John's Hospital and establishes a School of Nursing.

1901

1922

Construction on a new county hospital is completed and christened Frances Warren Pershing Hospital.

2017

Cheyenne Regional celebrates 150 years.

Hospital receives National Hospital Charitable Award, one of 10 healthcare systems in the nation to obtain this recognition.

2012

2006

Hospital is renamed Cheyenne Regional Medical Center and Davis Hospice Center opens.

1990s

Hospital purchases DePaul Hospital, which becomes UMC-East campus.

Radiation Therapy Complex is completed.

1985

1968

Seven-story West Tower is added to the hospital.

1960

Extensive renovations begin and East Tower is added to the hospital.

HOSPITAL FOUNDATION TURNS 40

Many of these advancements have taken place in conjunction with the hospital's Foundation.

First established in 1977 as Laramie County Memorial Hospital Foundation, the organization provides grants, donations, and volunteer service. Since its inception 40 years ago, the Foundation, through its donors, events, and volunteers, has raised more than \$40 million for the hospital, with significant support for construction of the Davis Hospice Center and the Cancer Center.

"We are Cheyenne's foundation for their community hospital, championing support and investments made for the betterment of health and well-being of our community," said Wendy Fanning, Director of Annual Giving and Grants.

The Foundation gives about \$400,000 per year to the hospital through grants and other funds raised, often focusing on a specific program. This year's attention is the hospital's anniversary and the PACE program, Fanning said.

"We're really excited about this program," she said. "It enables the aging population to live with dignity within their community."

The future looks bright for strong community health care.

"With the latest development of our care alliances as well as a focus on the PACE program and other aging services, Cheyenne Regional is set to continue its excellent health care for another 150 years," Hardy said. ✱



"Cheyenne Regional is set to continue its excellent health care for another 150 years."





CRMC NURSE BALANCES FAMILY, WORK, SCHOOL

“The Walter Scott Scholarship has been an amazing gift for my educational needs, as well as my family’s financial needs.”



The Cheyenne Regional Foundation
The Foundation is focused on serving the Cheyenne community. Its mission is to inform, develop and steward resources to enable the Cheyenne Regional Health System to provide the best possible healthcare.

DID YOU KNOW?

Nurses are some of the hardest working and most dedicated employees at Cheyenne Regional. For more than a decade, Landi Hoard has been providing exceptional care to every patient she meets. A registered nurse (RN) in the Neonatal Intensive Care Unit, Hoard has been juggling the demands of family, nursing and academics, thanks to a scholarship from the Cheyenne Regional Foundation’s Walter Scott Nursing Endowment.

Hoard’s dedication to growing her nursing skills for her patients has been tireless. After receiving her Associate’s Degree in Nursing from Laramie County Community College in 2009, she decided to take the next step with a Bachelor’s of Science in Nursing at the University of Northern Colorado. Expected to graduate in May, Hoard now has her eye on a Doctor of Nursing Practice degree.

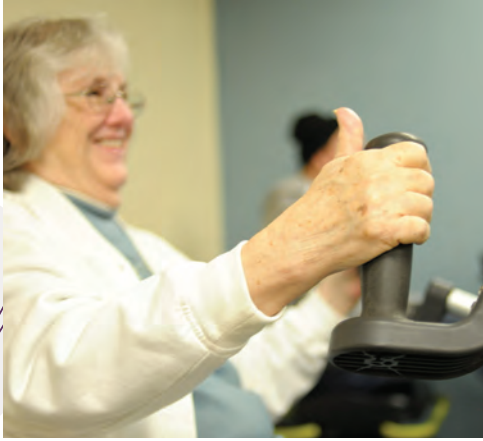
“The Walter Scott Nursing Endowment scholarship has been an amazing gift for my educational needs, as well as my family’s financial needs,” says Hoard. “Being awarded the scholarship is an honor and a privilege... Someday I aspire to pay it forward.” ✨

KNOW YOUR NEW BOARD MEMBERS



PAM WINTER
CRMC VOLUNTEER AND RETIRED INTERIOR DECORATOR

“After 40 years, Cheyenne has become very important to me and my family. I believe a first class hospital is key to a strong city. I am eager to promote the hospital in the community.”



Changes Coming to Cheyenne Regional Fundraising

Walk through Little America any weekend night of the year and there's a decent chance you'll find one of Cheyenne's numerous nonprofits holding a gala-type dinner with silent auction. For years, Cheyenne Regional's Denim 'N Diamonds event has been the cream of Cheyenne's gala crop, evolving the past two years into a suitcase party, which attracted 600 attendees last year.

A Cheyenne Regional Foundation Board meeting in December posed two questions: Is the gala model growing stale? Is there a better way to engage a young professional who may struggle to find the time and cash involved to attend a gala? The decision was made to not hold Denim 'N Diamonds in 2017, and instead, concentrate on a few smaller events done over the year.

"The effort on Denim 'N Diamonds, particularly over the last three years has been significant," said Dr. Bud Davis, the Foundation Board Chair. "When you look at all of the nonprofits in Cheyenne and what they are doing, they are all doing essentially the same thing. We don't want to be also-rans, we want to be leaders."

While Davis and Scott Fox, the Executive Director of the Cheyenne Regional Foundation, both stress it's possible that Denim 'N Diamonds could return in 2018, the Foundation is using its 150th anniversary celebration year to try some new fundraising efforts. Among them is an event set for June 10, where the hospital will partner with Union Pacific (a reminder of Cheyenne Regional's roots as a Union Pacific hospital tent) for a fundraiser and Golden Spike ceremony.

The Foundation Board made another decision during its December meeting as well: to set a fundraising goal of \$270,000 to help the Wyoming PACE (Program of All-inclusive Care for the Elderly) program with its planned expansion to a new facility.

The Foundation is considering a number of other ideas spanning from online crowdsourcing efforts to other events aimed at a younger professional audience. Davis says the Foundation is attempting outreach to this audience to explain the importance of a community hospital and the financial need that entails. Fox hopes that will lead to greater engagement and support.

"That's something great about this generation—they really want to get out there and get involved," Fox said. "We want to bring them on and start to build their support for the community hospital and local healthcare." ✨

TIGHE FAGAN

OWNER AND PRINCIPAL CONSULTANT, GANNETT PEAK TECHNICAL SERVICES

"I look forward to the opportunity to give back to the community that has greatly supported my business endeavors. I have a specific interest in improving support for individuals with mental health and substance abuse issues, especially suicide prevention efforts."



PLAYROOM PROVIDES SAFE SPACE FOR CHILDREN

The Sexual Assault Nurse Examiner (SANE) program at the hospital recently received grant funds for a playroom to help children feel more comfortable.

The SANE program at Cheyenne Regional Medical Center provides specialized care to patients of all ages who have been a victim of sexual violence, collects evidence, and provides preventative medications.

“When someone experiences sexual assault, the event is traumatizing, and they need to have a specially trained person who can help begin healing,” said Chere Bohr, the Forensic Nursing Program Manager who oversees the program. “This comforting area will help enhance these services.”

For children receiving care, playing gives them the opportunity to relax and have some distraction, as well as to allow the nurses to build trust before the examination. When children come with a parent who is seeking care, they have a safe place to play, allowing the parent to have the ability to relax and allow the nurses to care for them.

Bohr added, “The grant has given our program the ability to increase the comfort and healing provided to all those we serve. We are thankful for the Foundation’s grant.” ✱

Peter Pan Makes Surprise Visit to Hospital

Once in a while, magic happens.

It manifests itself in the smiles and laughter of patients who would rather be anywhere else, but find themselves in the hospital during the holidays.

On December 19, those smiles and laughter were delivered by Captain Hook and Peter Pan—or at least by the dancers portraying the characters in *Ballet Wyoming’s* production. The performers visited the hospital’s PACE daytime care program for seniors, as well as the rest of the hospital. They came in costume, talked to the patients, and even performed a short scene, complete with dancing and sword fighting.

The visit was one of the ways the hospital strives to improve the patient experience—and that experience is a priority, said Wendy Fanning, Cheyenne Regional Foundation’s Director of Annual Giving. “Bringing a little bit of joy is a beautiful thing,” she said. ✱

KNOW YOUR NEW BOARD MEMBERS



PJ BARRETT

TREASURY MANAGEMENT CONSULTANT, US BANK

“I’m excited to help educate our community about the high quality of care and service offered at Cheyenne Regional.”



VENTILATOR HELPS INFANTS AND THEIR FAMILIES

Receiving grant funds to purchase a specialized life-saving cardiopulmonary ventilator, Cheyenne Regional will be able to treat more premature babies instead of sending them to Denver hospitals. Staying in Cheyenne means a world of difference for both the preemies and their families.

“We are so grateful for this grant that allows us to offer our patients quality care that utilizes this specialized equipment,” said Suzanne Townsend, Director of Cardiopulmonary, Neuro Diagnostics, EKG Cardiac and Pulmonary Rehab Services at the hospital.

A ventilator is a life-saving device that breathes for a patient or, in some cases, assists in breathing for a patient. The hospital used a portion of a recent grant, about \$67,700, to buy a V500 Draeger ventilator, which has specialty modes optimal for ventilation, giving options to care for very premature or ill infants.

Townsend explained that the hospital has been fortunate to receive previous grants through the Cheyenne Regional Foundation in the last few years. “This grant money has provided us with equipment such as the intrapulmonary percussive ventilator, which helps with airway clearance and also a noninvasive ventilator.” ✖

DID YOU KNOW?

Matching Gifts

Some companies match their employees' charitable gifts. Many even match gifts made by retirees or directors. In most cases it's as easy as sending in your gift with a company form. That way, the area or program of your choice at the hospital will benefit from two gifts!

BILL HARRIS

BUSINESS OWNER, DELUXE CLEANERS

“As a Board Member, I'm interested in seeing the need and being able to assist in business growth and development of the medical needs of the community.”



OMAT

3000 Nova



Partnership Brings Quality Breast Imaging Services

Cheyenne Radiology and Cheyenne Regional Medical Center partnered last summer to increase women's access to quality care.

"One of our big goals is to improve the rate at which women are getting screened for breast cancer," Dr. Eric Hoyer, medical director of Cheyenne Women's Imaging Pavilion said.

About one in eight women get breast cancer, said Dr. Hoyer. The number of Wyoming women seeking mammogram screenings is lower than the national average: 50 to 60 percent versus 70 percent.

"It started with the idea that we could join forces, in particular in the realm of breast imaging, and bring our capabilities together to create a breast imaging center that is more functional...and therefore able to provide the highest quality imaging service for women throughout the region," said Dr. Hoyer. "The partnership has been several years in the making. It's the culmination of a vision. So far, it's been a big success."

Previously a service line within Cheyenne Radiology, the Cheyenne Women's Imaging Pavilion began

operating as a joint venture in July 2016 and offers mammogram screenings, bone density tests, diagnostic ultrasounds, and stereotactic breast biopsies. The staff conducts about 50 exams daily.

"We've worked well together for many years," said Dan Canales, Cheyenne Regional's Medical Imaging Director. "Technology in the medical imaging field is constantly changing. It's good to have a partner that understands the importance of staying on the cutting edge with equipment and having a well-trained staff to provide the best care for every patient. Everyone is committed to making this an imaging center of excellence for our patients and the community."

That excellence will soon be recognized, as the Cheyenne Women's Imaging Pavilion begins to reach toward achieving the highest designation for a women's imaging center: a Breast Imaging Center of Excellence by the American College of Radiation. While the designation would be an honor, it's also a reflection of what patients at the Women's Imaging Pavilion already know: when healthcare providers join forces, the whole community benefits.



"The partnership has been several years in the making. It's the culmination of a vision."

Robot-assisted Surgery Shortens Hospital Stays

Thanks to constant improvements from the basic to high-tech, the days of long hospital stays after a knee or hip replacement are long gone at Cheyenne Regional Medical Center.

The hospital acquired a Stryker Mako™ Robotic-Arm Assisted Surgery unit in 2015, and surgeons performed the first operation with it in May of that year. The addition of the Mako™ unit helped the orthopedics line staff achieve better patient care results than ever before in partial knee and total hip replacements. Now, in 2017, Cheyenne Regional will offer the latest technology in Makoplasty Robotics--total knee replacements!

A CT scan is taken of the joint, and the Mako™ unit uses the scan to map out the exact areas of the bone that will be removed by the burr on the robotic arm.

“The Robotic System ensures optimal implant positioning, which results in a more natural feeling replacement.” said Cheryl Crumpton, the Ortho/Neurosurgery Service Line. That means the patient experiences a more precise fit with less pain and spends less time in the hospital after the surgery.

Hope Robinson, the Clinical Nurse Manager for Ortho/Neurosurgery, said the entire hospital’s staff has made a conscious effort to make the patient experience better and better for the past several

years—and her claim has been validated by HealthGrades, who rated Cheyenne Regional as one of the top 100 hospitals for orthopedic surgery in 2016.

But the hospital isn’t done improving. Robinson said the Foundation helped acquire hip chairs, which are specialty elevated chairs to assist in keeping proper body alignment and preventing damage to the new hip replacement.

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Another innovation is the addition of our Joint Care Navigator. “Kim Draper coordinates care through the entire process for patients going through a joint surgery,” Crumpton said. “Patients attend Joint Camp education class where they learn about the procedure, exercises, and what they can expect after they get home.” Additionally, the Joint Care Navigator is a life-line for patients after they leave the hospital.

“She does a home visit to make sure they’ll be safe,” Crumpton said. “She gives them her number, and she’s their go-to person for questions they might have.”

Efforts like that prove that Cheyenne Regional won’t rest until the patient experience is perfect. ✨

Endowment Giving

Gifts directed to an endowment survive in perpetuity. Endowment gifts are invested and only the earnings are spent. The Foundation currently has four endowment funds to which you can contribute—or you can create your own!

DID YOU KNOW?

GRANT PROVIDED LUNG CANCER SCREENINGS TO 125

More people die from lung cancer than any other cancer in the nation, according to the American Lung Association. Laramie County is considered a high-risk area partially due to a high number of smokers. Early detection of lung cancer with low-dose CT screenings has been life-saving for many Wyomingites—maybe even someone you know.

In 2014, the Cheyenne Regional Foundation applied for and received the Whedon Grant from the Whedon Cancer Detection Foundation, a nonprofit organization in Sheridan. From 2014 to 2016, the \$70,750 grant allowed 125 men and women in the area to receive free to low-cost CT lung cancer screenings. Thirty people were diagnosed with nodules and 7 cancers were discovered.

“We are so grateful that the Foundation took the initiative to write this grant that benefitted our community,” said Barbara Lawyer, RN and Oncology Program Manager at Cheyenne Regional. ✨



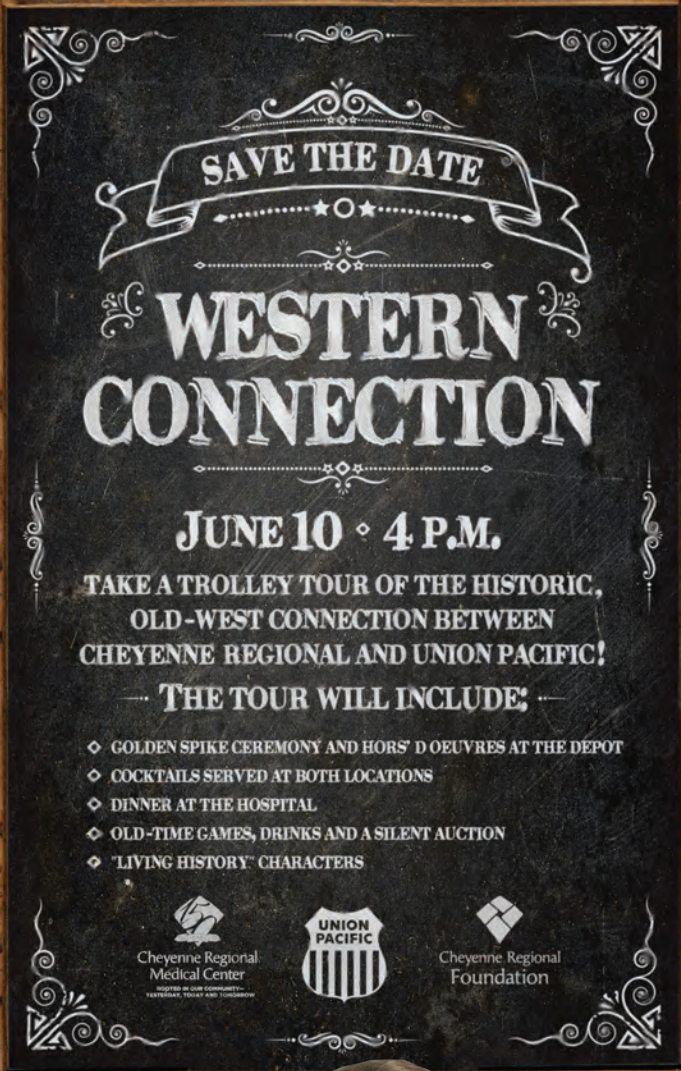


2016 GRANTS

The Foundation Board granted the following requests from the listed departments at Cheyenne Regional. The Endowment Advisory Committee meets bi-annually to review and reward grant requests. The list to the right represents the 2016 grants from both the Spring and Fall granting cycles.

TOTAL: \$332,938.40

Acute Rehab Unit: Bariatric Equipment	\$4,894.50
Fixed Position Tile Mirrors	\$3,916.26
Platform Mat & Security Pole	\$3,357.34
Acute Rehab Unit/Speech Language Pathology: IOPI System	\$1,292.75
Behavioral Health Inpatient: Bariatric Scale	\$2,021.36
Cancer Center: Wigs and Scarves for the Boutique	\$3,000.00
The Look Good Feel Better, Road to Recovery, Lodging Program	\$1,500.00
Cider and Purple Charms	\$345.00
Cancer Center/Radiation Oncology: Breastboard Immobilization Device	\$9,950.00
Radiation Dose Monitoring System	\$10,490.00
Cancer Center/Wyoming Institute of Population Health: Community Outreach Breast & Breakfast	\$685.00
Cardiac Rehab: NuStep Recumbent Exerciser	\$4,121.00
Rowing Machine	\$945.00
Cardiopulmonary Department: Intrapulmonary Percussive Ventilator	\$8,575.00
Care Management: Bus Tokens & Gas Cards	\$600.00
Cheyenne Cardiology Associates: 1 ECG Machine	\$6,737.94
New Defibrillator for Crash Cart	\$10,410.00
Cheyenne Children's Clinic: Raising Readers	\$10,000.00
Wheelchair Scale	\$5,600.00
Cheyenne Oncology and Hematology: New Wheelchair	\$872.94
Cheyenne Vascular: HAG Capisco Chair	\$899.00
Davis Hospice Center: Landscaping Materials	\$1,000.00
10th Anniversary Celebration	\$5,000.00
Bariatric Bed	\$4,521.17
Bariatric Wheelchair	\$422.99
Bereavement Newsletter Series	\$3,220.00
New Fence	\$2,390.00
Music for Lobby	\$3,655.60
New Office Chairs	\$1,088.00
Recliners for Patient Rooms	\$15,544.00
Suction Machines	\$1,149.75
Emergency Department: Safety Restraint Chair	\$1,995.00
Food & Nutrition Services: 3 Digital Menu Boards	\$4,100.00
Forensic Nursing Program/Sexual Assault Nurse Examiner: Play Room Equipment	\$682.00
Support of Trauma Program	\$3,914.00
Intensive Care Unit: Hospital Carts	\$2,060.48
Inpatient Physical Rehabilitations Services: Cognitive Assessment Tool	\$575.00
Repeatable Battery for Assessment	\$598.00
Intensive Care Unit/Medical Floor/Transitional Care Unit: 3 Bladder Scanners	\$43,480.00
Laboratory: Phlebotomy Cart	\$2,625.49
Medical Imaging: Spacelab	\$10,000.00
New Wheelchair	\$3,490.44
Gynnie Stretchers	\$6,666.80
Medical Imaging/Radiology Department: Spacelab	\$9,907.00
Medical Unit: 4 Isolation Carts	\$3,137.72
Occupational Health: Storage Cart for the Powered Aire Purifying Respirators	\$2,499.00
Oncology Service Line: Branded gifts	\$905.00
Cancer Survivor Day	\$1,632.00
Oncology Unit: 7 IVEA Mobilities	\$12,250.00
Isolation Carts	\$5,870.00
Outpatient Rehabilitation Services: Performa HydraTherm Unit	\$2,351.98
Pharmacy: Educational Materials to Support PGY-1 Research	\$653.20
Physical Rehab Services: 3 Hospital Ascom Phones	\$1,986.00
Physical Therapy: Wheelchairs & Sara Steady Standing Aid	\$4,814.05
Telehealth: New Technology Partnership with CHCO	\$15,103.28
Women & Children's Services: Roller Solar Shades	\$6,832.36
VueTek Veinsite Vein Imaging System	\$3,300.00
Breastpumps	\$6,000.00
Bladder Scanner	\$16,000.00
TV for Monitoring	\$350.00
TV, Wall Mounts, Remote	\$8,603.02
Wyoming Orthopedics and Sport Medicine: Performa HydraTherm Units	\$2,351.98
Women's Imaging Pavilion: Digital Breast Tomosynthesis	\$20,000.00



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GARY NEW
MANAGER OF OPERATIONS, NCAR/WYOMING SUPERCOMPUTING CENTER

“I worked for 20 years in the healthcare profession in facilities maintenance, so I’ve seen firsthand the challenges in healthcare from the inside and the outside. I feel that experience would help me to make a difference in the hospital in my community.”

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“I believe that members of a community, especially working professionals, should serve on the Boards of local nonprofit organizations. I sense the Cheyenne Regional Foundation is moving in the right direction and I want to be part of that success.”





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One of the easiest ways to give is through the Foundation's Facebook page. Search for Cheyenne Regional Medical Center Foundation to find the page and click on Donate. Then tell all your friends!

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Help care for Cheyenne's elderly! The Cheyenne Regional Foundation has set a goal of raising \$270,000 this year to assist the expansion of Wyoming PACE (Program of All-inclusive Care for the Elderly). The program helps the elderly stay in their homes by facilitating social and medical care.

Please contact the Foundation to donate and get any questions you might have answered!

