



Cheyenne Regional  
Foundation

FALL 2017

# advancement

Advancing Premier Regional Community Healthcare

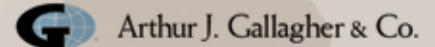


pg. **13**  
**MERRICK TRUST CONTINUES TO GIVE**

A  
LEGACY  
OF

**PASSIONATE SUPPORT**

pg. **15** **KOHL'S CARES GRANT TO FUND PEDIATRIC INFUSION ROOM**



2017 ANNUAL CAMPAIGN

TO OUR GENEROUS CORPORATE DONORS:

thank you!



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@CRMCFoundation

The Cheyenne Regional Foundation is a nonprofit 501(3)(c) organization committed to enhancing the health of individuals and the overall quality of life for our community. The Foundation informs, develops and stewards resources to enable the Cheyenne Regional Health System to provide the best possible health care.



# Dr. Harmon H. “Bud” Davis

CHEYENNE REGIONAL FOUNDATION CHAIR

I hope this issue of Advancement finds each of you well! The past months have been exciting for both Cheyenne Regional and our Foundation. I hope you’ve heard about CRMC’s efforts to establish a management services agreement with a larger health system ... UCHHealth! There have been, and continue to be, a lot of questions about what the future will look like but one thing is clear: This new affiliation will allow the amazing team at CRMC to take their high-quality, affordable, patient-centered care and make it even better.

The Foundation has been busy over this same period with a strong focus on engaging the community in new and different ways. Our 2017 Annual Campaign continues with events and engagement to raise funds that will allow CRMC to outfit the new PACE Center: the new home for Wyoming PACE. To date, generous donors have contributed more than \$105,000 and more than \$15,000 in advertising services toward our campaign and the

year isn’t over yet! New events like Western Connection and GIVE65 as well as the return of our annual Golf Classic drove community engagement to new heights.

What you didn’t see above was a mention of our annual Denim ‘N Diamonds gala. If you recall, our Board decided to take a year off and assess both impact and need. While this year’s engagement has been good, the resounding opinion of the Board was to bring Denim ‘N Diamonds back – so stay tuned for more details (and we hope to see you at Little America on June 22, 2018).

Next, I want to thank Yvonne McGee from Western Vista Credit Union for her service as a director on our Board. We wish her all the best as she concludes her time on the Board. Our Board members are amazing: I thank them for their willingness to volunteer. I’d also like to thank the Foundation staff; Haleigh, Wendy, Vicky and Scott, for all they do. Whether engaging with donors in the community or planning and executing a brand-new event, they live the mission of our Foundation every single day and ensure the Foundation is genuinely improving the health and quality of life of our community.

Finally, I want to thank each of you who have CHOSEN to GIVE. We shouldn’t forget the important impact of philanthropy on healthcare in Cheyenne and southeast Wyoming. It doesn’t matter whether your gift is small or large. It doesn’t matter whether you’ve given once or many different times. Giving to support a cause is a personal choice and we thank you for making that choice. We thank you for choosing to invest in our future and caring enough to improve our community health!

## OUTGOING BOARD MEMBER



YVONNE MCGEE

*Thank you for your years of dedicated service!*

# Patrick Madigan

CHEYENNE REGIONAL INTERIM CHIEF EXECUTIVE OFFICER

## CHEYENNE REGIONAL MEDICAL CENTER CONTINUES ITS JOURNEY TO BE THE BEST OF THE BEST

If you've visited Cheyenne Regional Medical Center's main lobby recently, you've no doubt stopped and looked with wonder at our 150 years of history mural on the wall near the admissions area. With every step in our long journey, we've acquired care alliances and partners who share our passion to nurture and improve the health of individuals and the quality of life for our community.

Very soon, we'll be adding a new panel to the wall. Cheyenne Regional's nine-member Board of Trustees voted unanimously on August 24 to begin negotiating a management services agreement with UHealth, a Colorado-owned and operated, nonprofit 501(c)(3) integrated health system.

The trustees came to their decision after a nearly year-long strategic planning and assessment process that began in the fall of 2016 and included analysis of the hospital's overall capabilities by an outside healthcare consulting firm, and input about our strategic direction from almost 500 Cheyenne Regional employees, medical providers and community members in several community forums and surveys.

The assessment was thorough, and feedback from the community clearly showed that our strengths are our employees, administrators, physicians and clinical staff as well as our ability to provide strong leadership in healthcare delivery. Our challenges are created by our small size, which makes competing with nearby, larger, systems very difficult in the face of significant market and reimbursement changes.

Our purpose drives us to unite and lead health partners to deliver high-quality, affordable, patient-centered care. The assessment made it clear that economies of skill and scale – possible in alliance with a larger system – are needed now to improve our market and financial positions and to continue to provide comprehensive care, close to home, for our community.

In January, we announced our decision to start the search for a system with which to form a management services agreement – a partnership model that retains local decision-making and ownership of the hospital by the county. It is important to realize a management services agreement is not a sale or a merger of the hospital. Our system has strong and capable leadership, which is demonstrated by the significant progress the hospital and its affiliated provider group have made over the past several years.

A 25-member multi-stakeholder strategic planning assessment committee (SPAC), consisting of representatives from the Laramie County Board of Commissioners and Cheyenne Regional's Board of Trustees, physician community, employees and executive leadership, was formed to provide oversight of the search process. This included reviewing all proposals and oral presentations and conducting site visits to hospitals of the three finalists, UHealth, Centura and HCA/HealthONE.

All three finalists were judged to be excellent partners to support Cheyenne Regional's desire to be better than the best in safety, quality and patient



experience. The three finalists also demonstrated that they would honor our 150-year-old health system's desire to remain independent and committed to community health improvement.

The SPAC advanced their consensus recommendation to develop a management services agreement with UHealth at the August 24 board meeting. In the end, the SPAC believed UHealth emerged from the deliberation as the unsurpassed partner to help us deliver a well-coordinated and well-communicated continuum of care, close to home, for the communities we serve, and to provide for our workforce.

The next step is to begin negotiations with UHealth. We will continue to do our due diligence and will work side by side with the county commissioners and all of our stakeholders as we proceed into contract negotiations. The process of defining terms and drafting the management services agreement will be a lengthy one and is expected to conclude in October or November, with execution of the agreement before the end of the year.

Cheyenne Regional is honored to work with UHealth. They share our commitment to improving the health of individuals and the quality of life in the communities we serve. We'll keep you posted on our progress to be better than the best in the pages of this magazine.



# Scott Fox

CHEYENNE REGIONAL  
FOUNDATION EXECUTIVE  
DIRECTOR

Since I started with the Foundation in the fall of 2015, I've often been asked, "What does the Foundation do?" I've even been asked, "Why does the hospital need a foundation?" In fact, I kind of like it when I get those questions, as that means I now have a personal invitation to talk about Cheyenne Regional and the CRMC Foundation! Maybe more importantly, though, I now have an opportunity to build a new relationship or further develop an existing one.

This year, we focused on relationships, and saw great success in several different events. Our Western Connection celebration in June allowed attendees to celebrate the history of Cheyenne Regional and community healthcare while reflecting on the amazing partnerships we've had along our 150-year journey – especially our ties to the Union Pacific Railroad. These past months have also seen the Foundation foray into the crowdfunding arena of online giving with our GIVE65 campaign in conjunction with the Home Instead Senior Care Foundation. Most recently, we brought back the Foundation Golf Classic and hosted the Great Bison Shuffle: a trail-run version of our annual Scrub Shuffle. Each of these events brought people together in support of our annual campaign supporting Wyoming PACE and the outfitting of their new facility, and they allowed us to more broadly share the impact that CRMC has had, and continues to have, on the health of our community.

DID  
YOU  
KNOW?

### Tax-Free IRA Gifts

*If you are 70 ½ years of age or older, you may make direct charitable contributions from your Individual Retirement Account. These tax-free gifts count toward your required minimum distribution and lower your taxable income.*

We are also excited about a major grant awarded by Kohl's Cares to create a pediatric infusion room at CRMC! Kohl's has been a longtime supporter of programs at Cheyenne Regional and this new capability, as well as our care alliance with Children's Hospital Colorado, will directly impact one of our top community health needs: healthy children!

Throughout 2017, the amazing Foundation staff and volunteer board members have worked tirelessly, and really deserve a heartfelt "thank you" for all they've done. I'd like to especially thank Haleigh Graham as she moves on to an exciting, new opportunity! At the same time, I also must thank our donors and sponsors for their generous and selfless giving. Large or small, one-time or multiple gifts, they all count and they all allow the awesome team at Cheyenne Regional to continue to improve on the exceptional care and experience they provide to everyone CRMC touches.

Finally: the Foundation continues to move farther into the "electronic age" and we'd like your help to ensure we can best reach out to you. Please make sure we have your email address (you can send and email to [foundation@crmcwy.org](mailto:foundation@crmcwy.org)), "like" us on Facebook and "follow" us on Twitter!

Our team wishes each of you an amazing end to 2017 and all the best in 2018... and we hope that the New Year also finds you joining us for the return of Denim 'N Diamonds on June 22nd!



### OUTGOING STAFF MEMBER

HALEIGH GRAHAM

*Thank you for all you've done and best of luck!*

# ADVANCING CARE FOR WOMEN AND CHILDREN

In 2017, the Cheyenne Regional Medical Center Foundation was able to fund two new programs to directly benefit infants and mothers in our community.



## THE NOVII WIRELESS PATCH SYSTEM

In February, the hospital introduced the state of the art Novii Wireless Patch System — a single-patient use patch that effectively monitors maternal heart rate, fetal heart rate, and uterine activity. The new patch system helps medical providers easily distinguish between maternal and fetal heart rates.

“When trialed on our Labor and Delivery unit, it was a hands-down must-have from patients, physicians and staff,” said Erin McKinney, Clinical Director of Women and Children’s Services.

Leveraging Bluetooth technology to wirelessly communicate to the fetal monitor, the patch provides patients with added mobility to change positions freely, sleep more comfortably, or even walk the halls while continuing to be monitored.

The Cheyenne Regional Medical Center Foundation provided the financial funding to purchase the Novii Wireless Patch Systems. The system requires minimal training for staff and physicians, allowing for faster adoption and use.



## THE MILK BANK

In April, Cheyenne Regional Medical Center became a donor and outreach center for the regional Mother’s Milk Bank. The milk bank provides human donor milk to premature and ill infants, as well as to families who need to order donor milk for their baby while still in the hospital.

“Every infant benefits from human milk rather than formula supplementation,” said Lori Bousuge, Lactation Consultant in the Women and Children’s Services Department.

The Cheyenne Regional Medical Center Foundation supported the initiative to provide human milk to all infants by purchasing a hospital-grade freezer to store donor milk, and by providing the funds for personal use breast pumps. Personal use pumps are provided to mothers who cannot afford to buy their own.

The regional Mother’s Milk Bank adheres to a rigorous screening process for donations; and donors must meet certain criteria following the Human Milk Bank of North America Guidelines. Donations can be made at the Cheyenne Regional Medical Center.



## PLANNED GIVING SEMINARS NOW AVAILABLE!

Cheyenne Regional Medical Center Foundation periodically provides planned giving seminars to inform and educate the community on estate and financial planning. Seminars are open to donors, hospital employees, patients and others considering becoming donors who want to maximize their impact and budget.

“Planned giving, sometimes referred to as gift planning, is a method of supporting non-profits and charities that enables philanthropic individuals to make larger gifts than they could make from their income,” said Victoria Fry of Cheyenne Regional Medical Center Foundation. “The decisions you make now can positively impact your future as well as our community.”

**NEXT SEMINAR:  
TIME MATTERS: A WOMEN’S  
RETIREMENT OUTLOOK**

**JANUARY 25, 2018**

Presented By Kari Cobb,  
Edward Jones Financial Advisor

While some planned gifts provide a life-long income to the donor, others use estate and tax planning techniques to provide for charity and other heirs in ways that maximize the gift and/or minimize its impact on the donor’s estate. As with all donations, donors can earmark contributions for programs or causes they feel passionately about. \*



A  
LEGACY  
OF

PASSIONATE  
SUPPORT:

COMMUNITY HEALTHCARE  
IN LARAMIE COUNTY



**A**s Cheyenne Regional celebrates its 150th anniversary, there can be no doubt that community healthcare in the “Magic City of the Plains” has been blessed with passionate support across generations.

### FIRST FUNDRAISING CAMPAIGN

Community healthcare in Cheyenne started with the Union Pacific Railroad hospital tent in 1867. The following year, the tent was purchased by the city and replaced by a two-story building owned by Drs. Irwin and Graham and known as City Hospital. In 1869 the city council and county commissioners took over the building as the city and county hospital.

By 1882, there was a definite need for a new hospital and the first fundraising campaign began.

Union Pacific Railroad donated a plot of prairie and a new, two-story hospital building was completed in 1883: the hospital had found a permanent home at what today is the corner of 23rd Street and Evans Avenue.

### COMMUNITY SUPPORT TO BUILD MEMORIAL HOSPITAL

In 1919, the decision was made to build a new memorial hospital. At the time, Wyoming law required at least \$25,000 be raised through donations, and the Warren family made sure that happened with a gift of exactly that amount. The community rallied and the Richardson family made the very next donation... \$5,000!

At the time, Warren Richardson was the chairman of the county board of commissioners and was “intensely interested in the success of a fine modern hospital for this county.”

Fundraising continued and even included an appeal to the children of Wyoming.

Each child was asked to donate one penny or more to furnish and equip the ward devoted to treating children. Emphasizing that no donation is too small, they were reminded “penny contributions will be acceptable as any.”

Ultimately, more than \$150,000 was donated by individuals, families, organizations and businesses, and the new hospital was described by the Union Pacific surgeon as “one of the best, completest and most modern hospitals in the country.”

### COMMUNITY SUPPORT CRUCIAL FOR DEPAUL HOSPITAL AS WELL

In the late 1940’s, Bishop Patrick McGovern started the wheels rolling to build a second hospital in Cheyenne. The Catholic Diocese of Wyoming donated the land, citizens raised \$300,000, the city of Cheyenne donated spruce trees, and the Sisters of Charity of Leavenworth advanced \$2 million: DePaul Hospital was born.

Community donations made significant impact throughout the history of DePaul hospital. Just a few examples include the Ford Foundation grant of \$40,000 for equipment and the King Merritt Trust’s gift of additional funding that purchased an X-ray therapy machine. The Warren Richardson family donated \$100,000 for a new clinical laboratory and Bette Merrick left a significant estate gift in trust (today worth more than \$5.5 million) whose annual earnings fund the purchase of medical equipment – a gift still giving today!

In late 1992, Memorial Hospital purchased DePaul and United Medical Center was formed.



## ONGOING SUPPORT FOR NEW FACILITIES: CAPITAL FUNDRAISING CAMPAIGNS

Though United Medical Center has once again changed names, philanthropic support for Cheyenne Regional Medical Center and community healthcare has not waned and these examples illustrate the generosity of our amazing community.

### The Davis Hospice Center

In 2003, an agreement was signed with the Courtenay C. and Lucy Patten Davis Foundation to establish a 12-bed inpatient hospice facility. In October 2006, Amy Davis' vision became a reality when the community celebrated the grand opening of the Davis Hospice Center. With donations of \$7.3 million from the Davis Foundation and \$1.75 million from the capital campaign, a special place was created in Cheyenne that ensures compassionate end-of-life care and support for family members and friends. In addition, the selfless support during the capital campaign enabled the CRMC Foundation to create an endowment with more than \$2.5 million dollars that continues to support facility and programmatic needs now and in perpetuity.

Community support, in addition to the Davis Foundation's generous donations, were key to the campaign's success; like the major gifts from John von Kennel, the Bette Merrick Trust, the Daniels Fund, the estate of Mary Menke, Dr. Jeff and Lynne Carlton, Jim Trudeau, Doug and Susan Samuelson, and the CRMC Volunteers.

### Cheyenne Regional Cancer Center

In 2012, the Foundation launched another capital campaign, this time assisting with the funding for a freestanding cancer center. Thanks to our grateful donors, more than \$2.9 million was raised and today, the facility is filled with caring staff and state of the art equipment and technology. The Cancer Center is a place that provides comfort, inspires confidence and fulfills hope for our patients and their loved ones.

Major gifts made a huge impact, such as those from the Davis Foundation, John von Kennel, Jan and Ron Thiel, Betsy Lanier and Family, Dr. Jeff and Lynne Carlton, Drs. Bob Prentice and Sandra Surbrugg and the Walter Scott Foundation. Major corporate gifts were also key, including those from Wells Fargo Bank, Western Vista Federal Credit Union and Cheyenne Light Fuel and Power (Black Hills Corporation Foundation). CRMC volunteers were also important to this campaign's success, pledging \$500,000 and then paying that pledge off two years early, making them one of our largest contributors!



MORE THAN  
\$40 MILLION HAS  
BEEN RAISED FOR  
THE HOSPITAL SINCE  
THE FOUNDATION  
WAS ESTABLISHED  
IN 1977.



FRANCES WARREN PERSHING  
MEMORIAL HOSPITAL



## ALL GIFTS MATTER, NO MATTER THE SIZE

Whether in a capital campaign for a new facility or to fund ongoing projects or equipment that directly enhance the medical care received at Cheyenne Regional, it's not just the "major gifts" that make a difference: every gift counts! From the CRMC employee who chooses to donate \$1 or \$2 a pay period to the physician and their spouse who always make a point of purchasing a table at an event like Denim 'N Diamonds, each and every one makes a difference.

For many, their support to Cheyenne Regional is in the form of memorial gifts when friends or loved ones pass away. This past year, the 21st Annual Tree of Remembrance campaign generated more than \$17,000 to support hospice programs and offered an important opportunity to remember those no longer with us. In 2016, more than 900 donations contributed more than \$107,000 to support the Davis Hospice Center and hospice programs!

We are also proud that many of our donors, both individual and corporate, have long histories supporting our community hospital. If you look at a list of donors to the campaign back in 1919, you'll see family and business names who continue to support CRMC today, such as the Union Pacific Railroad, Cheyenne Light Fuel and Power (now Black Hills Corp.), W. E. Dinneen, and Wm. Dubois!

Noteworthy among our individual donors are four who've been giving to the hospital for more than 28 consecutive years; Jacqueline Ferrall, Dr. Rick and Ibbey Davis, Sally Bourink, and Dr. John and Pam Winter. We've also seen corporate donors who have

contributed over a significant number of years; Western Vista Federal Credit Union, Wells Fargo Bank, Dray, Dyekman, Reed & Healey P.C., and Wyoming Bank & Trust. Finally, some donors prefer to remain anonymous but still make a huge difference. To date, more than \$186,000 has been given anonymously to the CRMC Foundation.

## IMPACT OF PHILANTHROPIC GIVING

The one thing all donations have in common is their IMPACT. Since the Foundation was established in 1977, more than \$40 million has been raised for the hospital.

Of that, more than \$5 million was raised through the annual gala, Denim 'N Diamonds. Donors purchased tickets, sponsored tables, bid on auction items, and made a difference! Funds raised through DND went on to purchase needed equipment such as: a fluoroscopic cancer treatment simulator unit (1990), a linear accelerator (1993 and 1994), monitors for the Intensive Care and Labor and Delivery units (2004), digital mammography technology (2007), wireless smart IV pumps (2010), neonatal intensive care equipment (2014) and high-fidelity simulators (2016).

Since 2009, the Foundation has also approved more than \$2.8 million in grants to departments across

CRMC. Examples of items purchased with these grants in 2016 and 2017 include; bariatric equipment for the Acute Rehab Unit, a defibrillator and electrocardiogram machine for Cheyenne Cardiology Associates, a phlebotomy cart for the Lab, vital sign monitors for the Emergency Department and lead aprons for the Operating Room.

Because of the generosity of the Walter Scott Foundation over the last 15 years, the Foundation has annually awarded scholarships to CRMC employees enrolled in programs to further their nursing education.

We have also seen major impacts over the years through the purchase of much-

needed equipment by generous

donors such as Roy and

Lillian Armstrong,

Ellen Heck,

Marian "Cally"

Milstead, Ruth

Wortham,

Roma

Gronenthal,

Anthony

and Barbara

Andrikopoulos,

Al and Martha

Higgins, Bob

Green, and Mary Jo

Carson.

There is no doubt that philanthropy is still alive and well in the Magic City of the Plains and our generous donors make a difference daily.

## THE BOTTOM LINE

At the CRMC Foundation, we believe the health of individuals and the overall quality of life for our community will be enhanced by philanthropic support. There is no doubt that philanthropy is still alive and well in the Magic City of the Plains and our generous donors make a difference daily. Thank you very much for choosing to support us! ✨



EVENTS



2017 GOLF CLASSIC



DID YOU KNOW?

**The Cheyenne Regional Foundation**  
The Foundation is focused on serving the Cheyenne community. Its mission is to inform, develop and steward resources to enable the Cheyenne Regional Health System to provide the best possible healthcare.



**GREAT BISON SHUFFLE**



**WESTERN CONNECTION**





# THE DAVIS HOSPICE CENTER

## Comfort, Care & Support: Davis Hospice Center

Eleven years ago, Cheyenne opened its heart to the Davis Hospice Center, and the community continues to stay connected through a very supportive volunteer network and through events like the Tree of Remembrance.

Hospice Clinical Director Ashley Davis pointed out that this 22,000 square foot facility is still state of the art, thanks to the late Amy Davis, a philanthropist whose extraordinary gift of \$8 million made the Davis Hospice Center a reality. “People travel to visit the center, which is considered one of the top hospice facilities in the nation.”

As part of its tenth anniversary, the staff and volunteers held a public ceremony, giving special recognition to Amy Davis and offering facility tours. During the ceremony, a patient’s wife described her husband’s journey with hospice care. More than 200 people, including Gov. Matt Mead, attended the event.

Since its opening in October 2006, the center has grown to care for about

300 patients a year; offering comfort, care, and support through a facility that includes 12 patient suites, a kitchen and dining area, spacious family lounges and lush landscaped gardens.

Part of the center’s success stems from having such a generous, caring community whose donations have helped maintain the facility and the 110 volunteers who help each month.

“Without the community’s support, Davis Hospice would have been unable to sustain for as long as we have,” Davis stressed, adding that the volunteers are the heart of the center.

That support has come in donations, volunteer time and even animal adoption.

Just a few months ago, a hospice patient diagnosed with stage IV esophageal cancer put out a public plea for a forever home for his two dogs; Yola and Boogy. Cheyenne resident Janet Marschner responded, adopting both dogs in her country home. \*

### TREE OF REMEMBRANCE

Our Tree of Remembrance tradition has been a part of the local holiday season for more than 20 years. The Cheyenne community has turned out to celebrate the lives of friends and family members by hanging doves as ornaments on the tree, and by making donations to Davis Hospice.

### 2017 Tree of Remembrance Lighting Ceremony

DECEMBER 2

1:30 PM

FRONTIER MALL



## MERRICK TRUST CONTINUES TO GIVE

When Bette Merrick passed away in the late 1970s, little did she know all the good her trust fund for the hospital would be doing 40 years later.

“She’s still having a daily impact,” said Scott Fox, Executive Director of the Cheyenne Regional Foundation.

Through the Bette M. Merrick Medical Equipment Trust, a second cardiac catheterization unit was purchased in 2003 and a significant contribution was made to establish the Davis Hospice Center in 2006. The most recent contribution of \$2.2 million made to the hospital by her trust occurred this summer when the hospital upgraded work stations with Omnicell, used by anesthesiologists in the operating room as well as other departments across CRMC.

“It’s specifically for controlling and safely dispensing medications,” said Dr.

Timothy Steffen, director of pharmacy for Cheyenne Regional Medical Center. The cabinet stores multiple medications and offers a safe, automatic way to label them, especially for syringes and bags, he said.

“It reduces medication errors, provides a layer of safety for the patients, and provides a one-stop place for the anesthesiologists and nurses to get their medications,” he said. “It provides instant access to medications, while insuring pharmacy has a tighter control over the medications and tracking of the inventory.”

The hospital received these units in early July and began using them later that month, he added.

Financial gifts such as the Merrick Trust “are quite a help,” Dr. Steffen said.

“It gives us an opportunity to get these products that we may not otherwise have. We as a pharmacy department appreciate the opportunity this particular gift provides. We now have some of the latest technology to help ensure safe medication use within this facility.”

**“We now have some of the latest technology to help ensure safe medication use within this facility.”**

Estate gifts are helpful, even vital, to the hospital’s work, Fox said.

“Estate gifts help not just once, but in perpetuity. What was needed (by the hospital) in 1978 was not the same in 2003 or 2017. Gifts like this help us obtain what’s needed at the time, and the Trust allowed that to happen. A gift like this goes beyond the moment a person gives it – it continues to give.” \*

## DR. CLAUDIO FELER AND MISSPENT YOUTH



Cheyenne’s Dr. Claudio Feler is not only an internationally recognized neurosurgeon: He also rocks the stage as part of the band Misspent Youth.

The band has attracted huge crowds, both across the region and locally at Fridays on the Plaza and at the Cheyenne Frontier Days Wine Garden. Their music is mostly classic and contemporary rock and blues, thrown in with acoustic covers.

Dr. Feler’s musical roots go back for generations.

“With my parents being musicians, I learned to play guitar and sing out of self-defense!” Feler joked.

He named the band Misspent Youth as a wordplay on his life.

“Having gone through a lot of schooling – ultimately becoming a neurosurgeon – I hardly misspent my youth, but you see the play on words.” \*





# Radiology Department Donates Equipment and Services



The Cheyenne Regional Medical Center Radiology Department recently donated used equipment and provided volunteer medical services to other organizations.

“It’s an opportunity for us to give back and support the community,” Dan Canales, Medical Imaging Director.

For example, Cheyenne’s animal shelter received a portable X-ray machine that the hospital could no longer use.

“The machine was at end-of-life for us – everything we have is moving to digital,” Canales said. “It’s a huge advantage for the shelter: they can

diagnose things like bone fractures on-site.”

Additionally, technologists provided services for contestants at Cheyenne Frontier Days the past two years.

“This is their livelihood, and we want to keep them being able to do their job,” Canales said.

The department plans to participate again next summer. Other future outreach is also possible.

“We’re constantly trying to keep our equipment interchanged; technology changes frequently. If we had someone reach out, we’re certainly open to it.” ✱

## SPORTS MEDICINE PARTNERSHIP TO BENEFIT LCCC STUDENT ATHLETES

*Student athletes at Laramie County Community College (LCCC) bring the heat to collegiate sports—winning titles in tie-down roping and women’s soccer—so LCCC went in search of a qualified sports medicine physician for its student athletes.*

Dr. Dan Kisicki, a fellowship-trained sports medicine physician, along with the Orthopedic Surgeons Dr. B. Smith, Dr. J. Winter, Dr. B. Winter, and Dr. M. Shannon of Wyoming Orthopedics and Sports Medicine Clinic have stepped up to the plate with the college’s certified athletic trainer to offer comprehensive care coordination.

Clinic physicians will have a chance to get to know students and their individual health needs to promote wellness and injury prevention during the season, with annual sports physicals, preventative and wellness education, and acute medical treatment in the event of injuries.

Dr. Kisicki is credentialed as an Immediate Post-Concussion Assessment and Cognitive Testing (ImPACT) provider and is at the forefront of concussion management—a major benefit for LCCC athletes in popular, high-impact sports.

“Working together, we can take care of more students, and respond as one team to their medical needs,” said Audra Kent, CRMG practice manager for Wyoming Orthopedics & Sports Medicine.

The LCCC and CRMG partnership doesn’t end at sports medicine. CRMG offers clinical rotations and internships while the Foundation and CRMG Volunteers offer scholarship programs. ✱



# Kohl's Cares Grant to Fund Pediatric Infusion Room



In fall of 2017, the Cheyenne Regional Medical Center Foundation received the news that it had been selected as a recipient of a \$40,000 grant provided by Kohl's Cares. The grant is aimed at opening a Pediatric Infusion Room in Cheyenne to serve children who would otherwise have to travel to other regions for treatments.

"Cheyenne Regional Medical Center Foundation worked with the pediatricians at the Cheyenne Children's Clinic to identify needs of children that weren't being met locally," said Wendy Fanning, annual giving and grants director for Cheyenne Regional Medical Center Foundation. "We uncovered a need for a local pediatric infusion room so children could get much-needed treatments without traveling several hours and missing full or multiple school days."

The Kohl's Cares Grant will provide funding over a two-year period to open and equip the pediatric infusion facility. The room will cater to children, with kid-approved décor and comforts including toys, games and children's books. While undergoing treatment, children will be able to watch age-appropriate movies and educational programs. Children seeking infusion treatments for a myriad of health reasons will benefit from the service in a kid-friendly, engaging atmosphere.

"This will be the only pediatric infusion room in the region," said Matt LaHiff, Senior Practice Transformation Manager for the Wyoming Institute of Population Health. "We want to ensure the kids feel comfortable while getting their vital treatments, and miss as little of school, playtime and 'being a kid' as possible."

The Kohl's Cares Grant is a nationwide program dedicated to addressing the needs of local communities to improve the lives of thousands of families every day. The Cheyenne Regional Medical Center Foundation applied for the grant on behalf of Cheyenne Regional Medical Center and will work alongside it and Kohl's Cares throughout the program implementation. ✱

## DID YOU KNOW?

**Matching Gifts**  
Some companies match their employees' charitable gifts. Many even match gifts made by retirees or directors. In most cases it's as easy as sending in your gift with a company form. That way, the area or program of your choice at the hospital will benefit from two gifts.



Cheyenne Regional Medical Center Foundation is pleased to announce six Cheyenne Regional Medical Center (CRMC) employees have received scholarships to continue their nursing studies. Five recipients were awarded scholarships from the Walter Scott Nursing Endowment for the 2017-2018 academic year. The endowment was established in 2001 to provide education assistance to CRMC employees pursuing nursing education. Crystal Tafoya received the Dr. Dan Hinkle Memorial Scholarship. The below recipients were chosen based upon their commitment to nursing at CRMC.

## NURSING SCHOLARSHIPS

### **BONNIE JUST, BSN-BC**

Bonnie is the Director of Psychiatric Nursing. She has worked at CRMC for 13 years. Bonnie completed her Bachelor of Science in Nursing (BSN) degree in December of 2016 and also holds a Bachelor's Degree in Psychology from the University of Phoenix. Bonnie is working towards a Master's Degree in Nursing Leadership from Regis University.

### **TRACY CHRISTENSEN, RN**

Tracy has been employed with the Women and Children's Department at CRMC for 25 years working in labor and delivery as a charge nurse, and has recently transferred to the nursery. She is enrolled at the University of Wyoming and hopes to graduate with her BSN in the spring of 2018.

### **NATASHA URBANEK, RN**

Natasha is the RN Care Manager for Transitions across Community Team, a task-force designed to assist higher-risk patients. Natasha is enrolled at Grand Canyon University and is seeking a Master's Degree in Nursing with the emphasis on public health. In Natasha's current role, she has realized a passion for public health and helping underserved populations.

### **AMY SMITH, UNIT SECRETARY**

Amy worked as a dental assistant for 19 years and has been the Unit Secretary on CRMC's 3-2 Surgical floor for the past year and a half. Amy has been accepted into the nursing program at Laramie County Community College. Upon graduating in December 2019, Amy wants to return to her floor as a bedside nurse.

### **ANGELA BURGE, HR BUSINESS PARTNER**

Angela has worked in human resources for over 20 years and is a graduate of the University of North Carolina. Angela has been accepted into Laramie County Community College's nursing program with the goal of becoming an oncology nurse.

### **CRYSTAL TAFOYA, OR RN SERVICE COORDINATOR**

Crystal has worked as a nurse at CRMC for 10 years in the operating room. Crystal is enrolled at Colorado Christian University and expects to graduate in 2018 with her BSN.

## MILLION HEARTS PROGRAM AIMS TO SAVE LIVES

Cheyenne Cardiology Associates of the Cheyenne Regional Medical Center was recently chosen to participate in the Million Hearts® Cardiovascular Disease Reduction Model.

The goal of the program is to "decrease first-time heart attacks and strokes by one million people nationwide over the next five years," said Pamela Myrum, clinical development specialist for the Wyoming Institute of Population Health, a division of CRMC. More than 400 patients have been enrolled in the program since its start on Jan. 1.

The program takes a team-based approach, partnering with primary care providers, dietitians, diabetic educators, weight loss professionals and registered nurses to provide an individualized care plan. Patients and medical professionals work together to identify lifestyle changes to promote heart health, such as smoking cessation and weight loss. Interventions and behavioral modification techniques, including motivational interviewing, help patients understand the pros and cons of their lifestyle changes.

"A lot of disciplines play an important role, and patients really enjoy the shared decision-making," says Myrum. \*



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#### Major Gifts and Planned Giving

Vicky Fry  
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[victoria.fry@crmcwy.org](mailto:victoria.fry@crmcwy.org)

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