



## Liveandworkwell.com

At liveandworkwell.com, you can find the tools you need to face everything life may hand you. It's available around the clock, from the convenience of your desk or the comfort of your home. You'll find confidential access to professional care, self-help programs and information.

Explore how you can:

- Get personalized assistance for the big events in your life.
- Request information, resources and referrals to help streamline your day-to-day challenges.
- Get answers to questions about stress, depression, anxiety and other conditions.
- Find childcare and eldercare resources, financial and legal services, or let our team do the legwork for you.

### Easy Online Clinician Search and Special Databases

Whether you're seeking a therapist, daycare provider or divorce lawyer, liveandworkwell.com has the search tools to assist you. The Clinician Search offers a searchable list of our clinicians and clinician groups. Narrow your selection by clinician name, location, specialty, medical group, ethnicity, language, gender, or area of expertise.

If you have a Smartphone download the new myLiveandworkwell app today! Search for a clinician or connect to a real person dedicated to making your life easier.

**Contact us anytime you  
need help with any of life's  
concerns**

**(866) 248-4096**

or log on to  
**[www.liveandworkwell.com](http://www.liveandworkwell.com)**  
Access code: CRMC

TDD/TTY: Dial 711 and enter the toll-free  
number listed above.

