



Know YOUR METABOLISM? TRY MedGem®

The MedGem® is a hand-held indirect calorimeter that measures oxygen consumption to determine resting metabolic rate (RMR). RMR is the number of calories your body burns each day with no activity.



Need more information?

The MedGem® is available for a cash-only price of \$85. Please call the FNS Outpatient Nutrition Center, located inside Cheyenne Regional Cancer Center. **(307) 633-7864**



Cheyenne Regional
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