

## Electroencephalogram (EEG)

Test time: 2 hours

### Check in process.

Please arrive 15 minutes early and check in through admissions on the first floor. Once admissions get you checked in, they will escort you to cardiopulmonary where our Respiratory Therapist will be waiting to greet you.

Cheyenne Regional Medical Center offers courtesy valet parking Monday through Friday at the Main entrance.

- From 5:30am-5:30pm
- We do offer wheelchair assistance – ask the valet attendant for assistance
- Walk straight through the doors and Admissions will be waiting to greet you

### What do I need to do prior to the EEG test?

- Wake up at \_\_\_\_\_ 4 hours prior to your scheduled appointment time and stay awake until you come in for your appointment
- Bath, wash hair and have hair completely dry
- Do *not* leave any products (mousse, oils, hairspray, etc.) on hair
- No chemical treatment (hair coloring, permanent wave, etc.) 48 hours prior to the test
- Eat and drink as normal
- No caffeine after midnight

### What will happen during the EEG?

EEG wires will be affixed to your head with gauze squares and paste, which dissolves in water. There are no needles involved. The technician will then perform the EEG recording. You may have a light flash in front of your eyes for several minutes. You may also be asked to breathe a little deeper and faster than normal for several minutes. For the remainder of the time, the test will record and you will be asked to relax and sleep if possible.

Your EEG will take two hours to complete this includes set up, the test and removing the wires.

### How will I get results?

Once the test is complete it will take up to 72 hours for the results to be interpreted and sent to your physician, who will then reach out to you with the results and/or share with you at your follow up appointment. If you do not hear from your physician please call their office for the test results.

The test results will also be loaded into MyChart electronic medical system. If you are interested in obtaining access, we will provide you with an activation code for you to create your login and password, along with the website.

Appointment: \_\_\_\_\_