

Cheyenne Regional Medical Center

Cardiopulmonary

Phone: 307-633-7701

214 East 23rd Street Cheyenne Wyoming 82001

Visit us at: <http://www.cheyenneregional.org/service/cardiopulmonary/>

Ambulatory Electroencephalogram (AMB EEG)

Test time: 48 hours or more

Check in process.

Please arrive at _____ 15 minutes early and check in through admissions on the first floor. Once admissions get you checked in, they will escort you to cardiopulmonary where our Respiratory Therapist will be waiting to greet you.

Cheyenne Regional Medical Center offers courtesy valet parking Monday through Friday at the Main entrance.

- From 5:30am-5:30pm
- We do offer wheelchair assistance – ask the valet attendant for assistance
- Walk straight through the doors and Admissions will be waiting to greet you

What do I need to do prior to the ambulatory EEG test?

- Bath, wash hair and have hair completely dry
- Do *not* leave any products (mousse, oils, hairspray, etc.) on hair
- No chemical treatment (hair coloring, permanent wave, etc.) 48 hours prior to the test
- Eat and drink as normal
- No caffeine after midnight

Please note for ambulatory EEGs: hair will not be able to be washed until after the removal appointment. ***Please wear a button up shirt, as it will be hard to remove shirts without dislodging wires.***

What will happen during the Ambulatory EEG?

For an ambulatory EEG wires will be affixed to your head with paste and stickers. This helps to ensure the wires may stay attached for several days. There are no needles involved. There will be a head net/stocking placed over your scalp to help keep the wires in place.

- During the duration of the EEG, you will be sent home with a diary.
- You must log activities throughout the day.
 - Examples: eating, working (physical, word processing, etc.) walking, playing video games, watching tv, doing laundry, cooking, eating, bathroom, etc.
- This diary will also help correlate behavior with events.

Appointment: _____

How will I get results?

Once the test is complete it will take up to 72 hours for the results to be interpreted and sent to your physician, who will then reach out to you with the results and/or share with you at your follow up appointment. If you do not hear from your physician please call their office for the test results.

The test results will also be loaded into MyChart, Cheyenne Regional Medical Center's electronic medical system. If you are interested in obtaining access, we will provide you with an activation code for you to create your login and password, along with the website.